

The McShin Foundation  
Leadership Training Institute  
For Recovery from Substance Use Disorders  
“Authentic Peer Recovery Coaching  
And Peer Leadership Training”

Agenda

Day One

- 9:00 – 10:30 am: The History of Addiction Treatment in the U.S.

*Slaying The Dragon*, William White will be provided and is the basis for this part of the training

- 10:30 - 10:45 am: Break. Refreshments provided.
- 10:45 - 12:15 pm: The Recovery Movement Today

*Recovery: Linking Addiction Treatment and Communities of Recovery: A Primer for Addiction Counselors and Recovery Coaches*, Northeast ATTC, will be provided and is the basis for this part of the training

- 12:15 - 1:00 pm: Lunch. Box lunches provided.

Speaker: The Recovery Experience, provided by a person in long-term recovery

- 1:00 - 2:30 pm: What is a Recovery Community Organization, What is a Recovery Community Center, What are Peer Recovery Support Services and how do they work together to support people seeking long-term recovery?
- 2:30 - 2:45 pm: Break. Refreshments provided.
- 2:45 - 4:15 pm: What are the different pathways available to people seeking recovery? How do they work?
- 4:15 - 4:30 pm: Break. Refreshments provided.

- 4:30 - 6:00 pm: Recovery Capital – What is it and how can we use it to help people get into and sustain their recovery?
- 6:00 pm: Dinner on your own.
- 7:30 – 9:00 pm: Narcotics Anonymous Open Meeting lasting one hour with 30 minutes before and after the meeting for recovery networking.

## **Day Two**

- 9:00 - 10:30 am: The History and Literature of faith-based recovery programs
- 10:30 -10:45 am: Break. Refreshments provided.
- 10:45 - 12:15 pm: Recovery advocacy at the local, state and national levels.

*Let's Go Make Some History*, William White will be provided.

- 12:15 -1:00 pm: Lunch. Box lunches provided.

Lunch presentation: Surfing the internet for online resources including links to recovery-oriented organizations.

- 1:00 pm. - 2:30 pm: Speaker from Faces & Voices of Recovery, National Council on Alcoholism and Drug Dependence (NCADD) or the Johnson Institute
- 2:30 - 2:45 pm: Break. Refreshments provided.
- 2:45 - 4:15 pm: Voices from the Recovery Community: Interactive panel with people beginning the recovery process and people with recovery time.
- 4:15 - 4:30 pm: Break. Refreshments provided.
- 4:30 - 6:00 pm: Presentation on SAARA, Substance Abuse and Addiction Recovery Alliance of Virginia and recovery resources in Virginia.
- 6:00 pm: Dinner on your own.
- 7:30 – 9:00 pm: Alternative Recovery Meeting. “Celebrate Recovery” is a faith-based addiction recovery meeting sponsored by Hatcher Memorial Church. The meeting lasts one hour with 30 minutes before and after the meeting for recovery networking.

An extensive collection of resources including publications on the pathways to recovery, recovery-oriented systems of care and the recovery experience, will be available for participants.